



{ Expect to be astonished by the natural beauty of the Region of Hamilton-Wentworth. }



From the incredible vistas and waterfalls of the Niagara Escarpment to the Royal Botanical Gardens and the Bruce Trail in between, this Region brims with rare and fascinating natural features.

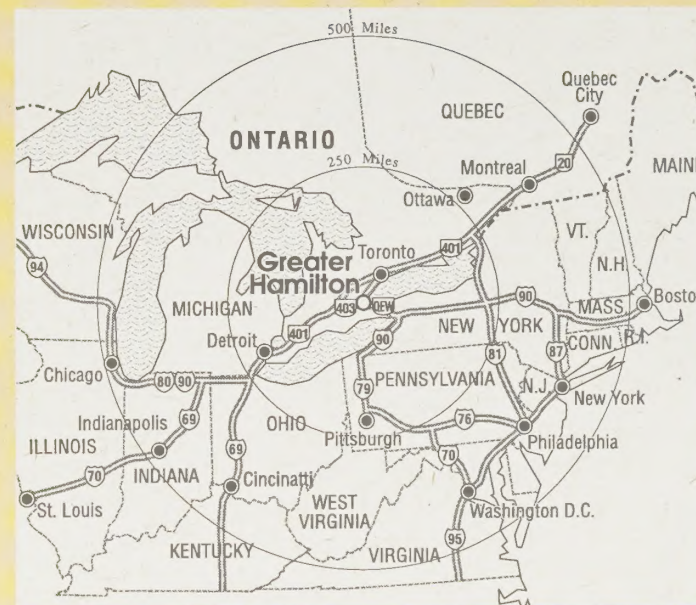
Thanks to the Niagara Escarpment and a moderate climate, the Region is sanctuary to a stunning diversity of natural habitats and wildlife that haven't survived in other high density urban environments. As well, many plant species are protected. For instance, the



White Cedar reaches up to 1,000 years of age making them the oldest living trees in eastern North America.

The Region is located in a significant North American landscape - The Carolinian Zone. This landscape stretches from the Carolinas in the United States to Hamilton-Wentworth, Canada in the north. Species unique to the Carolinian Zone within the Region include the Tulip Tree, Flowering

Dogwood and the Louisiana Waterthrush, to name a few.



For more information contact your travel agent or Greater Hamilton Tourism and Convention Services.

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Experience the Natural Wonders

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In the  Region of Hamilton-Wentworth
Ontario, Canada

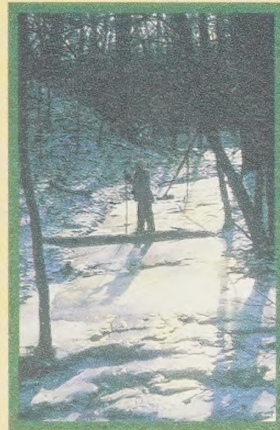
Two Carolinian Canada sites designated by the Natural Heritage League of Ontario are the Beverly Swamp and the Dundas Valley Conservation Area.

The Dundas Valley Conservation Area attracts hikers, photographers, naturalists and artists to 40km of trails winding through 1,000 hectares of forest, field, marsh and stream valley. An abandoned railway line has been resurfaced for hiking and cycling.



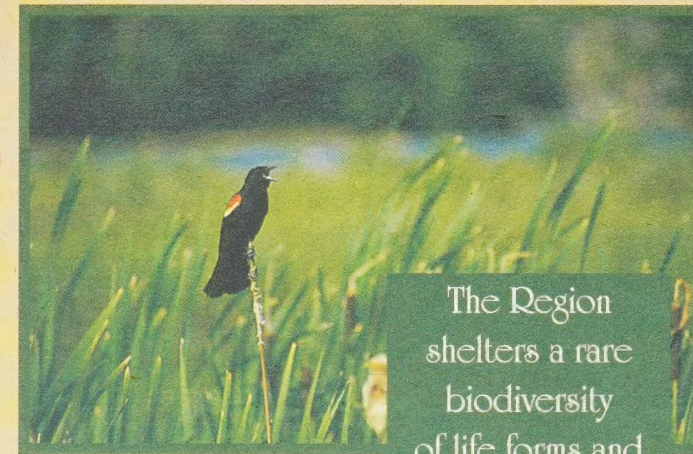
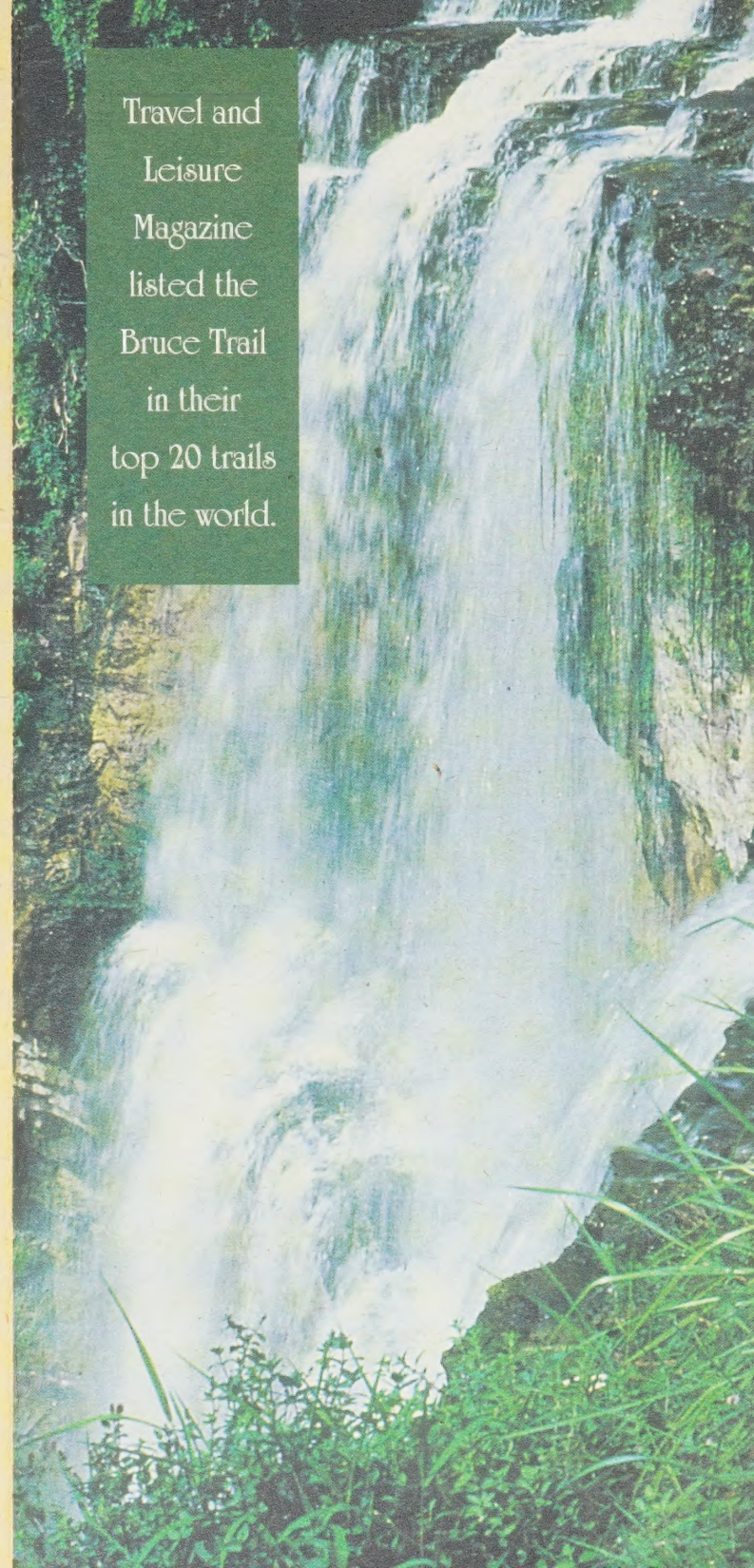
The Niagara Escarpment, known as "the Mountain" in the Region, is a rocky ridge winding 725 kms from Queenston near Niagara Falls to Tobermory at the tip of the Bruce Peninsula. Edges, cliffs and magnificent gorges create numerous running waters and waterfalls in the Region. With its rise of 361 feet, the Niagara Escarpment offers an incredible view of both urban and wilderness environments.

Travel by foot or bicycle along the Escarpment by way of the Bruce Trail. It runs the length of the Niagara Escarpment linking natural features with parks, and spectacular views.



The horticultural displays at Royal Botanical Gardens (RBG) are world famous. RBG also manages an additional 1,100 hectares of conservation lands which mostly lie within four nature sanctuaries. Over 30 kms of trails offer access to these sanctuaries including Cootes Paradise.

Travel and Leisure Magazine listed the Bruce Trail in their top 20 trails in the world.



The Region shelters a rare biodiversity of life forms and environments that have attracted visitors from around the world.

Cootes Paradise, also known as the Dundas Marsh is the largest and most ecologically significant sanctuary. Close to 950 vascular plant species have been noted here. And during bird migration it is not unusual to see up to 100 species.

The Hamilton Harbor Remedial Action Plan (RAP) is an ambitious project that is restoring environments abused for over two centuries. More than 600 hectares of wetlands, shoreline and wildlife habitat are involved including the restoration of fish communities, habitats for colonial nesting birds and replanting of marsh vegetation.

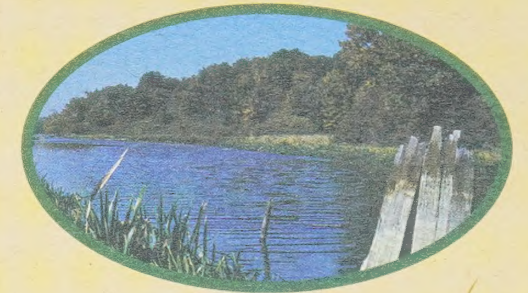
Best of all, the Region is easily reached by car, plane, hiking, cycling or even public transit. So whether you're looking for an afternoon diversion or a serious ecological experience, the extraordinary environment of the Region of Hamilton-Wentworth is the ideal destination.



- 800 native plant species
- 160 nesting bird species
- 50 mammal species
- 22 reptiles and amphibian species
- 78 fish species
- 88 butterfly species

Natural Hotspots In the Region of Hamilton-Wentworth

- Visit the South Shore of Cootes Paradise - the "crown jewel" of the area
- Take a hike in Dundas Valley Conservation Area
- Wonder at Webster's Falls
- Find the "peak" of the Niagara Escarpment at Spencer Gorge
- Walk the "Rail Trail" (Limeridge)



- Fly to the East Harbour to discover the birds at Windermere Basin and the Toll Gate Ponds
- Have a fun day Following the Falls - Albion Falls, Buttermilk Falls



- Cycle "The Harbour Route"
- Hike, cross country ski on groomed trails, swim, canoe and more at Christie Conservation Area

